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Introduction

In writing this book we have attempted, within the limits of its small canvas, to paint the bigger picture of Homeopathy, that holistic therapy which at its heart accentuates the importance of the individual as a key to cure. We pay special attention to the beginner, and every endeavour has been made to enhance the understanding of the subject by explaining the principles simply and presenting treatment regimes in a pragmatic way. Our main aim being to empower the owner to treat his or her own animal safely and effectively.

Chapter structure was deliberately chosen to follow the organisation to follow the organisation of the classical homeopathic reference texts with their hierarchical order from mind to extremities. Likewise, we have attempted to reduce the confusion so often encountered by the beginner in assisting in the choice of the initial and later remedies, together with their potencies and dosage regimes.

We deliberately excluded conditions that may require not only a qualified vet but also an experienced homeopath. Always seek professional help when required, never let your cat suffer unnecessarily. If you wish your animal to be treated by a homeopathic vet approach one directly, or ask your own vet for a referral (they cannot refuse).

We fervently hope you will be encouraged to explore this wonderful subject in greater depth after this initial foray, and trust that both of you and your animal will benefit from the contents of this book.

How long should I treat my Cat?

When using remedies for prevention of a disease strike a balance by giving sufficient doses to match the challenge. This sounds difficult but is really very easy. Seasonal complaints in catteries can be anticipated by administering weekly doses of the appropriate nosode during

the period prior to peak infection, stopping immediately after that period. If there is a known infection in the cattery then weekly doses of the nosode might be given to the healthy animals whilst affected cats are treated individually according to their symptoms.

When treating a sick cat the idea is to give sufficient doses of the chosen remedy to evoke a response and then to stop. Additional doses will, as previously stated be of little value unless the condition returns. The dosage regimes recommended in this booklet are merely guidelines and are not written in stone. Once you have gained some experience the above will become apparent, and you will become your own expert.

Choosing the right remedy – how best to use this book

This book has been written as a guide with indications for each remedy located under the appropriate section. If you experience difficulty in choosing the correct remedy then ask yourself how acute the problem is. Plant remedies are more likely to be implicated in early inflammatory disease especially before pus formation. As heat dissipates and tissues suppurate and harden the mineral remedies come into play. Be aware of time and space factors. What time of the day or night is the complaint worse? How rapidly did it start? Which side of the cat is affected? How is the cat behaving?

For any given complaint there may be a group of remedies from which to choose. The best one is that which is similar to both the symptoms and the way in which your cat presents them.